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Spatial distribution of microplastics in sediments and surface waters of the southern North Sea

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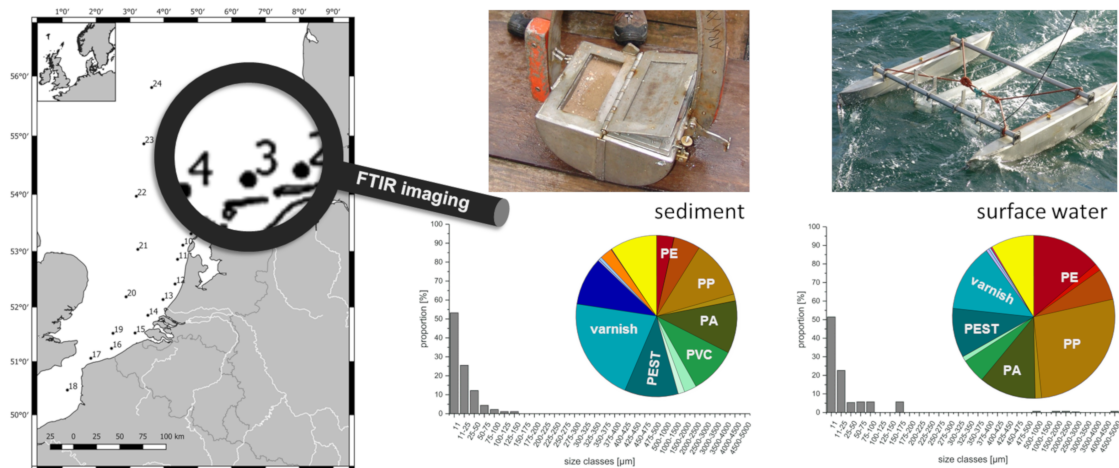
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Abstract:

Microplastic pollution within the marine environment is of pressing concern globally. Accordingly, spatial monitoring of microplastic concentrations, composition and size distribution may help to identify sources and entry pathways, and hence allow initiating focused mitigation. Spatial distribution patterns of microplastics were investigated in two compartments of the southern North Sea by collecting sublittoral sediment and surface water samples from 24 stations. Large microplastics (500–5000 μm) were detected visually and identified using attenuated total reflection (ATR) Fourier transform infrared (FTIR) spectroscopy. The remaining sample was digested enzymatically, concentrated onto filters and analyzed for small microplastics (11–500 μm) using Focal Plane Array (FPA) FTIR imaging. Microplastics were detected in all samples with concentrations ranging between 2.8–1188.8 particles kg^{-1} for sediments and 0.1–245.4 particles m^{-3} for surface waters. On average 98% of microplastics were $<100 \mu\text{m}$ in sediments and 86% in surface waters. The most prevalent polymer types in both compartments were polypropylene, acrylates/polyurethane/varnish, and polyamide. However, polymer composition differed significantly between sediment and surface water samples as well as between the Frisian Islands and the English Channel sites. These results show that microplastics are not evenly distributed, in neither location nor size, which is illuminating regarding the development of monitoring protocols.

36

Keywords

FTIR imaging; microplastic; enzymatic sample treatment; polymer diversity; spatial distribution patterns

40

Capsule

Microplastic concentrations and compositions differ significantly between environmental compartments. Geographic distribution patterns are revealed by a statistical approach.

44 Microplastics <500 μm are more abundant and diverse than >500 μm ones, rendering the
45 exclusive analysis of later ones insufficient for environmental risk assessment.

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47 Introduction

48 Increasing plastics production and improper disposal have consequently led to an input of
49 plastics into the marine environment which has been quantified to up to 12 million tons
50 worldwide in 2010 (Jambeck et al., 2015). Once plastics reach the oceans, they are almost
51 impossible to remove and merely disintegrate by chemical, physical and biological processes
52 over time into smaller and more numerous microplastics (MP, <5 mm (Arthur et al., 2009)). Due
53 to its ubiquity and longevity, plastic pollution in the marine environment has been recognized as
54 a threat globally and is one of the “novel entities” referred to in the planetary boundaries concept
55 (Rockström et al., 2009; Steffen et al., 2015; Villarrubia-Gómez et al., 2018). Moreover, marine
56 pollution has been included in descriptor 10 (marine litter) in the European Marine Strategy
57 Framework Directive (MSFD) 2008/56/EC (European Parliament Council, 2008; Galgani et al.,
58 2010). More recently the issue of MP and the monitoring criteria of MP have been established
59 by the EU Commission decision 2017/848 of 17 May 2017 (European Commission, 2017).

60 With decreasing particle size, the unambiguous identification of polymer type becomes more
61 challenging. As of yet, no universally accepted standard operating procedure (SOP) exists, the
62 harmonization of methods is urgently needed to allow for a comparison of data (Hidalgo-Ruz et
63 al., 2012; Löder and Gerdts, 2015; Rochman et al., 2017).

64 According to Kroon et al. (2018) a merely visual identification of the potential MP particles is not
65 sufficient. More than 60% of the particles might be misassigned (Hidalgo-Ruz et al., 2012; Kroon
66 et al., 2018), if results are not validated by chemical identification. According to Rivers et al.
67 (2019), a meaningful inter-study comparison requires not only data on particle number but also
68 on particle size. As stated by Potthoff et al. (2017) it is very important to gain as much
69 information as possible from MP particles, including number, polymer type, shape, size
70 distribution and weathering status, to do a qualified risk assessment. This stresses the need to
71 use spectroscopic methods, which can provide this information.

72 In this study, we aimed to gain a valuable insight into the spatial distribution of MP in the
73 southern North Sea, in terms of the MP concentrations, polymer types and size classes. To
74 achieve this, we sampled two marine compartments, sediments and surface waters, at 24
75 stations. We employed state-of-the-art techniques to extract MP and analyze samples based on
76 attenuated total reflection (ATR) Fourier transform infrared (FTIR) spectroscopy and focal plane
77 array (FPA) based FTIR imaging. In the present study we also applied a novel approach based
78 on uni- and multivariate statistics to investigate the questions: (1) Do MP metric parameters
79 differ significantly between the two sampled compartments?; (2) Which polymer types and size
80 classes contribute most to these differences?; (3) Do spatial patterns driven by polymer
81 composition or size distribution exist within each compartment?

82 In this study we applied innovative analytical techniques to expand the field of environmental MP
83 research and to generate assured and comparable data for the ongoing development of MP
84 monitoring strategies.

85 **Materials and Methods**

86 **Sampling**

87 Sampling was conducted during a survey aboard the RV Heincke (He430) in the southern North
88 Sea between the 30th of July and the 11th of August 2014. Sediment and water samples were
89 taken at 24 stations (Figure 1, Supporting Information (SI) Table S1). Surface water was
90 sampled using a Neuston Catamaran (HydroBios Apparatebau GmbH) towed alongside the
91 vessel for up to 20 min. The attached net had an opening of 0.15 m × 0.30 m and a mesh size of
92 100 µm, capturing particles >100 µm but also smaller particles trapped in aggregates and due to
93 clogging of the mesh during sampling. The sampled water volume and surface area were
94 determined by a mechanical flowmeter (HydroBios Apparatebau GmbH) mounted at the opening
95 of the net (SI Table S1). All materials collected in the cod end were rinsed into a 1-L Kautex-
96 bottle (polyvinyl chloride with polyethylene containing lit, Kautex Textron GmbH & Co KG).
97 Sediment samples were taken with a Van-Veen grab deployed at each station, with the upper
98 5 cm of the sediment transferred into 1-L Kautex-bottles with a metal spoon. All samples were
99 immediately stored at -20 °C until further processing in the lab.

100 **MP extraction from sediment and surface water samples**

101 Multiple steps were taken to remove natural organic and inorganic matter to facilitate effective
102 MP analysis. Measures for contamination prevention during sample processing are described in
103 the SI Paragraph S1. Sediment samples of around 2 kg wet weight each were defrosted,
104 transferred into glass jars, and then homogenized. Triplicates of approximately 5 cm³ each were
105 taken to determine the dry weight of each sediment sample. Extraction of MP from the remaining
106 sediments was performed using the MicroPlastics Sediment Separator (MPSS, HydroBios
107 Apparatebau GmbH) with a high density zinc chloride solution (ZnCl_2 , $\rho=1.7 \text{ g cm}^{-3}$) (Imhof et al.,
108 2012). The general procedure of density separation followed the methodology of Bergmann et
109 al. (2017) and Haave et al. (2019) and is shortly described in the SI Paragraph S2.

110 A size fractionation of each sample was conducted, as sample processing and analytical
111 approaches varied for different MP size categories. The extracted sediment samples and the
112 defrosted surface water samples were screened over a 500- μm stainless steel mesh (Haver &
113 Boecker OHG). The material retained on the mesh was thoroughly rinsed with filtered water
114 (Milli-Q, 0.2 μm), and Ethanol (30%) also to remove any residual ZnCl_2 in the case of the
115 extracted sediment samples. This step divided the sample into two size fractions potentially
116 containing particles of either $>500 \mu\text{m}$ and $<500 \mu\text{m}$ respectively.

117 All steps taken in the laboratory are displayed in a flow scheme (SI Figure S1), and are
118 explained in the subsequent sections.

119 **MP $>500 \mu\text{m}$**

120 The $>500 \mu\text{m}$ fraction was rinsed into a beaker and manually sorted in a Bogorov chamber
121 under a stereo microscope (Olympus SZX16, Olympus) at a 100–320x magnification. All
122 putative MP particles were transferred into glass petri dishes, photographed under the
123 microscope (Olympus DP26 Digital Camera, Olympus) and measured (length at their longest
124 dimension) using image analysis software (cellSens, Olympus).

125 **MP $<500 \mu\text{m}$**

126 The general approach to purify and extract MP from the $<500 \mu\text{m}$ fraction followed the
127 enzymatic-oxidative treatment published by Löder et al. (2017) which had proven effective for
128 the degradation of a broad range of environmental matrices. This protocol was performed in
129 newly developed Microplastic Reactors (Gerdt, 2017) (SI Figure S2). These semi-enclosed
130 filtration units contain 20- μm stainless steel filters (Haver & Boecker OHG) and allow to add and
131 remove solutions via vacuum and pressure filtration. Samples could be kept in the reactors and
132 be exposed to the different chemical and enzyme treatment steps without requiring further
133 sample transfers, by that reducing the risk of particle loss and sample contamination. The
134 $<500 \mu\text{m}$ sample fraction was transferred into the reactors before sodium dodecyl sulfate
135 solution (SDS, 10%, Carl Roth) was added and the reactors were sealed and incubated at 50 $^\circ\text{C}$

136 for 24 hours. Following this, the technical enzyme purification steps with protease, cellulase and
137 chitinase (ASA Spezialenzyme GmbH) as well as hydrogen peroxide (H_2O_2 , 35%, Carl Roth)
138 were performed sequentially. The samples were incubated at optimal pH and temperature
139 conditions for each step. Between treatments the samples were flushed and rinsed several times
140 using Milli-Q. A more detailed description of the full multi-step procedure can be found in the SI
141 Paragraph S3.

142 About two-thirds of the surface water samples ($n=16$), containing large amounts of biomass,
143 were additionally treated with a Proteinase-K step after the second H_2O_2 treatment. The
144 procedure was adapted from the protocol of Cole et al. (2014), using H_2O_2 instead of sodium
145 perchlorate (NaClO_4).

146 Inorganic material (e.g. sand, calcium carbonate) was removed by a density separation
147 performed in separation funnels containing ZnCl_2 ($\rho=1.7 \text{ g cm}^{-3}$). Over a period of usually one to
148 three days ($n=30$), but in some cases extended to seven days ($n=16$), the denser materials
149 settled to the bottom and were removed.

150 The upper phase of the density separation treatment, containing the lighter material, was passed
151 through 20- μm stainless steel filters to remove the ZnCl_2 . The retained material was transferred
152 into 100-mL glass bottles by rinsing the filter with Milli-Q and stored for analysis. For FTIR
153 measurement the processed sample needed to be transferred onto aluminum oxide filters
154 (Anodisc, 0.2 μm , Whatman GmbH) (Löder et al., 2015). Each sample was concentrated onto a
155 13 mm diameter filter area, using in-house fabricated glass filter funnels and a vacuum filtration
156 unit. Prior to this a FlowCam (Fluid Imaging Technologies) was used to determine a suitable
157 subsample volume that could be applied onto the filter area without overloading it (SI Paragraph
158 S4) (Bergmann et al., 2017). Based on the FlowCam assessments, aliquots ranging from 1.2–
159 73.2% (surface water samples) and 10.8–75.4% (sediment samples) of the total sample
160 volumes were taken by mixing the sample thoroughly and pipetting the determined volume on an

161 aluminum oxide filter each (SI Table S2). The loaded filters were transferred into covered glass
162 petri dishes and dried for 48 hours at 30 °C.

163 **Identification and quantification of MP >500 µm using ATR-FTIR**

164 All putative plastic particles were identified individually using an ATR-FTIR unit (Bruker Optik
165 GmbH) with the exception of 30 particles which were analyzed within an accompanying study by
166 Cabernard et al. (2018) using Raman spectroscopy. The IR spectra were collected in the
167 spectral range of 400–4000 cm⁻¹ and compared against our reference library (Primpke et al.,
168 2018). Particles with a match of at least 700 (out of 1000) were counted as safely identified. If
169 the match ranged between 600 and 700 the spectra were manually compared to database
170 spectra and evaluated based on expert knowledge, as suggested by other studies (Hanke et al.,
171 2013; Kroon et al., 2018; Lusher et al., 2013).

172 **Spectral analysis of MP <500 µm using FTIR imaging**

173 Particles of the smaller size fraction were analyzed using a FTIR-microscope (Hyperion 3000
174 coupled to a Tensor 27 spectrometer, Bruker Optik GmbH) equipped with a 15x objective and a
175 focal plane array (FPA) detector. Settings for the measurements were similar to previous studies
176 (Bergmann et al., 2017; Löder et al., 2015; Mintenig et al., 2017; Mintenig et al., 2019; Peeken et
177 al., 2018; Primpke et al., 2017; Primpke et al., 2018) defining the lower detection limit of 11 µm.
178 Technically, during processing of the samples the lower size limit is defined by the mesh size of
179 the filters. However, also smaller particles will have been captured allowing a semi-quantitative
180 analysis of particles between 11 µm and 20 µm.

181 By measuring a grid of 77×77 (surface waters) or 78×78 (sediments) FPA fields, corresponding
182 to a filter area of 184 mm² and 188 mm², respectively, every particle was analyzed.

183 The FTIR imaging data were automatically analyzed following Primpke et al. (2017) with the
184 adaptable database design (Primpke et al., 2018). Based on the identified spectra a subsequent
185 image analysis provided particle numbers, polymer types and size classes of all identified

186 particles. The threshold for this image analysis was set based on a manual spectra evaluation of
187 a data-subset (SI Paragraph S5 and Table S3).

188 **Data handling and statistical analysis**

189 The MP counts of each analyzed filter were extrapolated to the respective sample based on the
190 analyzed proportion (SI Table S2) and corrected for contamination recorded in procedural blank
191 samples (n=6). The total amount of MP in both size fractions was combined and presented as
192 MP per kg dry weight sediment (particles kg⁻¹ (DW)) or water volume sampled (particles m⁻³).

193 Percentages of polymer types and size classes were arcsine square root (univariate statistics) or
194 square root transformed (multivariate statistics) (Sokal and Rohlf, 1995). The multivariate
195 analyses were carried out based on Hellinger distance transformation, a recommended measure
196 for ordination and clustering of (polymer) species abundance data, which does not put high
197 weights on rare (polymer) species (Legendre and Gallagher, 2001; Rao, 1995). To assess the
198 polymer diversity, species richness and Shannon-Wiener-index H' (log base e) was calculated.
199 To test if samples from the two compartments (sediment, surface water) differed significantly in
200 their polymer composition or size class distribution, permutational multivariate analysis
201 (PERMANOVA) (Anderson and Walsh, 2013) with 999 permutations at a significance level of
202 $p < 0.001$ was applied. To visualize these differences cluster analysis and canonical analysis on
203 the principal coordinates (CAP) (Anderson and Willis, 2003) were performed with PRIMER plus
204 the add-on PERMANOVA+ (PRIMER-E version 7.013) (Clarke and Gorley, 2015).

205 Analyses of variances (ANOVA) was performed with Statistica 13 (Statsoft) to show which
206 polymer types or size classes had the greatest influence on observed differences. To identify
207 which stations of both compartments individually group in terms of polymer composition and size
208 distribution a non-hierarchical clustering based on k-means and coupled to similarity profile test
209 (SIMPROF, henceforth referred to as kR-clustering) was performed using PRIMER-7 on the
210 basis of the Hellinger distance matrix with square root transformed data. The significance level
211 for SIMPROF was set to 5% and performed with 999 permutations to define the optimal number

212 of k-groups (between 2 and 10) to describe the clustering of the samples, which is based on
213 maximizing R (Clarke and Gorley, 2015). An ANOVA followed by a Tukey HSD test was used to
214 test the influence of each polymer type on the respective group.

215 Maps showing the geographical position of the samples along with the MP concentration,
216 polymer composition and diversity as well as assigned groups were prepared using QGIS
217 (version 3.2 'Bonn'). The displayed shoreline data was taken from the Global Self-consistent,
218 Hierarchical, High-resolution Geography Database (GSHHS)
219 <https://www.ngdc.noaa.gov/mgg/shorelines/gshhs.html>, hosted by the National Oceanic And
220 Atmospheric Administration (NOAA) by Wessel and Smith (1996).

221 RESULTS

222 Comparison of two size fractions of MP in sediment and surface water samples

223 Microplastics from 23 sediment and 23 surface water samples, out of 24 sampled stations, could
224 successfully be extracted and analyzed. For each sample two size fractions (MP >500 μm and
225 MP <500 μm) were analyzed separately and their results later combined for statistical analyses.
226 The two size fractions differed considerably concerning polymer composition and size
227 distribution. Overall, for MP > 500 μm , only one polymer type (polyester) was identified in
228 sediment samples and eight different polymer types were found in surface water samples.
229 Concerning MP <500 μm , 21 different polymer types were found in the sediment samples and
230 19 different polymer types in surface water samples.

231 In sediment samples only 0.04% of all detected particles were >500 μm while 99.96% were MP
232 <500 μm . For surface water samples 6.02% of all the detected particles were >500 μm while
233 93.98% accounted for MP <500 μm . A selection of MP >500 μm detected in five surface water
234 samples can be found in the SI Figure S3. Two examples of filters with MP <500 μm and their
235 respective false color plot of one station for sediments and surface waters each are shown in the
236 SI Figure S4.

237 Comparison of MP occurrence in sediments and surface waters of the southern North 238 Sea

239 Combining both size fractions, MP concentrations in sediments ranged from 2.8 (station 11) to
240 1188.8 particles kg^{-1} (DW) (station 23) and for surface waters from 0.1 (station 22) to
241 245.4 particles m^{-3} (station 20) (SI Table S4, Figure 1).

242 The two investigated compartments, sediments and surface waters, differed greatly regarding
243 MP-concentration (Figure 1) and polymer composition (PERMANOVA, p -value=0.001, SI Table
244 S5). This was also confirmed in the cluster analysis where samples from the same
245 environmental compartment were grouped together (SI Figure S5). The separation of most of
246 the samples into the two a priori defined groups, sediments and surface waters, was also

247 supported by CAP, depicted in SI Figure S6, with a reasonably high correlation value of 0.89 and
248 revealed six samples to be mismatched with a mis-classification error of 13.04%. Sediment
249 samples from three stations (11, 18, and 21) were falsely allocated to surface waters and three
250 surface water samples (stations 6, 22, and 23) were allocated to sediments. ANOVA was
251 significant when comparing polymer richness and Shannon-Wiener index H' based on polymer
252 types for both compartments (p -value=0.001) (SI Table S6). The spatial distribution of this
253 polymer diversity is depicted in SI Figure S7. Figure 2 shows the relative polymer composition
254 for sediments (Figure 2a) and surface waters (Figure 2b). The number of different polymer types
255 in sediment samples was on average 11 and ranged between 3 (station 11) and 15 (station 1)
256 with Shannon-Wiener index H' ranging between 0.89 (station 11) and 2.29 (station 5). For
257 surface water samples on average 7 different polymer types were detected ranging from 1
258 (station 15) to 14 (stations 2, 6 and 17) with Shannon-Wiener index H' ranging from 0 (station
259 15) to 2.07 (station 17).

260 Polyethylene (PE), polypropylene (PP), and polyester/polyethylene terephthalate (PEST) were
261 present in more than 75% of all samples from both compartments. In sediment samples
262 acrylates/polyurethane/varnish (acrylates/PUR/varnish) were omnipresent. Additionally to the
263 aforementioned polymers, PE chlorinated, polystyrene (PS), polyamide (PA), polyvinyl chloride
264 (PVC), and rubber type 3 were frequent. Figure 3 shows that, in sediment samples, 13 different
265 polymer types contributed on average between 1.3% (nitrile rubber) and 21.0%
266 (acrylates/PUR/varnish) to the polymer composition while eight polymer types contributed less
267 than 1% (in descending order): ethylene vinyl acetate (EVA), polycaprolactone, rubber type 1,
268 PE oxidized, polyisoprene chlorinated, acrylonitrile butadiene, polycarbonate (PC), and
269 polysulfone (PSU). In surface water samples nine different polymer types contributed on
270 average between 1.3% (PS) and 26.7% (PP) to the polymer composition while ten polymer
271 types contributed less than 1% (in descending order): chemically modified cellulose (CMC),
272 polycaprolactone, EVA, rubber type 1, polyoxymethylene (POM), PE oxidized, PC, nitrile rubber,

273 rubber type 2, and polychloroprene (Figure 3). Furthermore, an ANOVA revealed the polymer
274 types contributing most to the dissimilarity of surface water and sediment samples: PE (ANOVA,
275 p -value=0.010), PP (ANOVA, p -value=0.042), PVC (ANOVA, p -value=0.007), nitrile rubber
276 (ANOVA, p -value=0.001), polychloroprene (ANOVA, p -value=0.000), and POM (ANOVA, p -
277 value=0.000) (SI Table S7).

278 When comparing the size distribution (11–5000 μm) of polymers in sediment and surface water
279 samples, they differed significantly (PERMANOVA, p -value=0.001) (SI Table S8). Cluster
280 analysis revealed a higher variance in surface water than in sediment samples (SI Figure S8).
281 This was highlighted by CAP which had a moderately large correlation value of 0.61 and
282 revealed only surface water samples ($n=8$) to be mis-classified with a relatively low mis-
283 classification error of 17.39% (SI Figure S9). Furthermore, in both compartments the size
284 distribution of MP is clearly skewed towards the smallest size classes (Figure 4). The ANOVA for
285 the individual size classes revealed that the average abundance of polymers in the size classes
286 25–50 μm (p -value=0.008) and 50–75 μm (p -value=0.007) was significantly higher for sediment
287 than surface water samples. This was the opposite for size classes 500–1000 μm (p -
288 value=0.031), 2000–2500 μm (p -value=0.038), and 2500–3000 μm (p -value=0.004) (SI Table
289 S9).

290 **Spatial distribution of MP occurrence in the southern North Sea**

291 After confirming significant differences between the sediment and surface water compartments,
292 intra-compartmental variations between sampling stations were investigated.

293 A kR-clustering with SIMPROF was applied to highlight stations that were more similar
294 concerning their polymer composition. Figure 5 shows the spatial distribution of these identified
295 kR groups. Five groups (A–E) were found to best represent the clustering of sediment samples
296 ($R=0.921$) (SI Figure S10) with most samples belonging to group D ($n=12$) (Figure 5a).
297 Furthermore, the result of CAP reinforces the significant differences between the samples of the
298 five groups with high correlation values (0.931–0.996) with only two samples being mis-classified

299 (SI Figure S11). One sample from group C was mis-classified as belonging to group B (station
300 11) and one sample from group B was mis-classified as being part of group E (station 15) with a
301 low mis-classification error of 8.70%. To discover which polymer types drive this clustering in
302 sediment samples an ANOVA with a subsequent Tukey HSD was performed. This analysis
303 revealed six polymer types that contributed significantly to the dissimilarity between the grouped
304 stations (SI Table S10), which are PE chlorinated, PA, CMC, acrylates/PUR/varnish,
305 polychloroprene and rubber type 3. Polychloroprene dominated samples belonging to group D
306 (n=12, stations 1–3, 5–10, and 22–24). Polyamide was preeminent for group E (n=5, stations 4,
307 12, and 19–21). Sediment samples from the Rhine-Meuse-delta (station 14, 15) belonged to
308 group B (n=2) and were dominated by rubber type 3. Group C (n=2) was characterized by a low
309 polymer diversity (station 11, 16) and the prevalence of acrylates/PUR/varnish and CMC was
310 distinct for group A (n=2, station 13, 18).

311 For surface water samples kR-clustering revealed four groups (A–D) that represented the best
312 possible clustering ($R=0.868$), where most samples are clustering closely and belong to group C
313 (n=13) (Figure 5b, SI Figure S12). The clustering was confirmed by CAP with relatively high
314 correlation values (0.811–0.970) (Figure S13). Only two samples (stations 15 and 18) were mis-
315 classified to group C instead of group D resulting in an overall low mis-classification error of
316 8.7%. Six polymers, (PE, PE chlorinated, PVC, PEST, acrylates/PUR/varnish and
317 rubber type 3), were revealed by ANOVA, with a subsequent Tukey HSD, to show significant
318 differences between the four identified groups (SI Table S11). The presence of rubber type 3
319 characterized group C (n=13, station 1–2, 4–8, 11, 17, 20–21, and 23–24). Group B had
320 significantly relatively more abundant (p -value=0.000) PEST (station 4, 13, 16, and 22). The
321 absence of PE, PVC, and rubber type 3, as well as the relatively high presence of PE
322 chlorinated, characterized group A (n=3, station 9, 10, and 19). Group D (n=3) was defined by
323 an absence of PE chlorinated, PEST, and rubber type 3, as well as a relatively high presence of
324 PVC and acrylates/PUR/varnish (station 14, 15, and 18).

325 Discussion

326 Through the integration of effective sample preparation together with state-of-the-art FTIR
327 imaging and an automated analysis technique, MP could be detected in all analyzed sediment
328 and surface water samples in the southern North Sea. The investigated compartments differed
329 significantly in their polymer composition and particle size distribution. Average MP
330 concentrations were considerably higher in sediments (234.5 ± 254.3 particles kg^{-1} (DW)) than in
331 surface waters (27.2 ± 52.5 particles m^{-3}). However, a direct comparison is difficult because of
332 different units of reference. When comparing the abundance of MP in a certain surface area the
333 difference is even more striking with numbers ranging from 9.5 to 4041.9 particles m^{-2} in
334 sediments and 0.01 to 24.5 particles m^{-2} in surface waters (SI Table S4). Furthermore, both
335 compartments were clearly dominated by MP < 500 μm . Although the numbers of MP > 500 μm in
336 surface water samples were noticeable, they had hardly any influence on the sample
337 comparison between stations.

338 Along the West and East Frisian Islands (station 1–9) MP concentrations were of average extent
339 in surface waters (3.5 – 58.6 particles m^{-3}) as well as sediments (38.7 – 318.4 particles kg^{-1} (DW)).
340 Furthermore, sediment samples from this region were grouped together by cluster analysis since
341 they showed similar polymer compositions with overall high polymer diversities. Both
342 compartments in this region showed the lowest MP concentration at station 9, situated north of
343 Texel, the most western Frisian Island, and the highest concentration at station 6, north of
344 Ameland. It is very striking that samples from the mouth of the Scheldt and Rhine-Meuse-delta
345 (station 14 and 15) differed greatly from all the others concerning their polymer composition, with
346 surface water samples being dominated by acrylates/PUR/varnish and sediments additionally by
347 rubber type 3, both indicating the influence of high marine traffic. In the English Channel region
348 (station 16–19) polymer diversity and composition showed high variability, which was also true
349 for the west coast of the Netherlands (station 10–13).

350 There is no clear gradient visible for surface waters, but those in the proximity to the English
351 Channel, particularly station 20, which are influenced by riverine input from the Thames and the
352 Rhine as well as channel water, exhibited the highest MP concentration (245.4 particles m^{-3}) with
353 a decrease in the northern direction. These results agree with results from two studies where
354 frequency of MP in fish and fulmars were highest in the Channel area (Foekema et al., 2013;
355 van Franeker et al., 2011). For sediments MP concentration was highest at station 23
356 (1188.8 particles kg^{-1} (DW)), situated at the Dogger Bank and characterized by fine sediments.
357 Further spatial patterns could be revealed by applying multivariate statistics, which has been
358 attempted in previous studies as well (Hajbane and Pattiaratchi, 2017; Suaria et al., 2016).
359 Hajbane and Pattiaratchi (2017) used multi-dimensional scaling (nMDS) to describe the
360 differences in MP concentration and size classes between three distinct stations over time.
361 Suaria et al. (2016) used principal component analysis (PCA) to compare a large number of
362 surface water samples ($n=74$) regarding the relative frequencies of the seven most common
363 polymer types. We used kR-clustering to reveal a spatial pattern regarding polymer composition
364 followed by ANOVA to uncover the polymer types which drive this structure. The differences in
365 polymer composition show a clear pattern with an imaginary line that can be drawn along $53^{\circ}N$.
366 Stations below $53^{\circ}N$ are more diverse in their polymer composition, which might be related to
367 the influence coming from the English Channel as well as the high riverine input by the Thames,
368 the Scheldt, the Rhine and the Meuse. On the contrary, stations located above $53^{\circ}N$ exhibit a
369 more similar polymer composition. ANOVA revealed that the sediment samples of these stations
370 were characterized by the presence of polychloroprene and surface water samples by rubber
371 type 3, represented by ethylene-propylene-diene monomer rubber (EPDM).

372 **Interstudy comparison**

373 In sediments sampled along the Belgian coast, Claessens et al. (2011) detected MP
374 concentrations of up to 269 particles kg^{-1} (DW) on the shelf sea samples and 390 particles kg^{-1}
375 (DW) in harbor areas, both in the size range of 38–1000 μm . They extracted MP by applying a

376 density separation approach with sodium chloride (NaCl) and MP were visually preselected and
377 identified using FTIR spectroscopy. In sediments of the Dutch North Sea coast Leslie et al.
378 (2017) detected between 100–3600 particles kg⁻¹ (DW). In their extensive study, they analyzed
379 several compartments, among others sublittoral sediments close to the stations of this study.
380 They analyzed only small aliquots of 20 g each which infers a large degree of extrapolation
381 when referring to particles per kg and used NaCl for density separation which might have
382 resulted in an underestimation of some denser polymer types. Furthermore, they mostly
383 detected fibers of which only a small proportion (6%) was analyzed spectroscopically.
384 Regardless of these potential limitations, concentrations were of the same order of magnitude as
385 found in this study. Another study by Maes et al. (2017b) reported similar numbers for MP in
386 sediments in the same area (0–3146 particles kg⁻¹ (DW)). It is noteworthy to highlight that no MP
387 fragments were counted in this study but mostly spheres and fibers contrary to our study. Maes
388 et al. (2017b) also used small aliquots of 25 g for density separation with NaCl and identified
389 plastics based on visual criteria only. When comparing results for surface water samples from
390 the same study, MP concentrations were considerably higher in our study (0–1.5 vs. 0.1–
391 245.4 particles m⁻³). The most considerable differences between the two studies were in the
392 mesh size of the sample net (333 µm vs. 100 µm) and the method for identification of MP (visual
393 vs. ATR-FTIR and FTIR imaging). Relatively small aliquots of the samples were processed in
394 these studies, especially regarding sediment samples. Our protocol enabled us to process the
395 whole sample consisting of 1309–1770 g dry sediment and 15500–51300 L surface water
396 concentrated by the net, respectively. It was however inevitable that we would only be able to
397 analyze aliquots of the processed samples on the measuring filters, for practical reasons, i.e. to
398 improve spectra quality and reduce time demand for analysis. However, for sediments the
399 aliquots comprised on average 48.8% of the samples, being equivalent to a range of 141 to
400 1253 g sediment (DW), and for surface water samples the aliquots comprised on average 15.6%
401 of the sample resulting in an equivalent volume of sea water ranging from 190 to 18236 L. To

402 overcome the need for any extrapolation, multiple filters per sample could have been analyzed,
403 but this would have increased the time demand by at least two days per filter. With new
404 advances in reducing the analysis time, more filters could be analyzed more rapidly than has
405 been possible until now. These developments in methodology are discussed further in the SI
406 Paragraph S6.

407 We acknowledge that the lower limit of the filtration during sample processing was theoretically
408 20 μm . However, this limit can be considered lower when filters become clogged. For this
409 reason, the number of particles between 11–20 μm should be considered as semi-quantitative,
410 and therefore the total detected number is most likely an underestimation. Same applies to some
411 extent also to the fraction 10–100 μm of the surface water samples due to the mesh size of the
412 net. However, this emphasizes even more that very small MP are numerous and should be
413 included in further research.

414 As in agreement with other studies (Filella, 2015; Hidalgo-Ruz et al., 2012; Ivleva et al., 2016),
415 difficulties in interstudy comparisons due to variable sampling, sample preparation and analytical
416 methods are well illustrated. Concerning possible analytical methods, the range includes simple
417 visual identification only (Maes et al., 2017b), fluorescent tagging of synthetic polymers (Maes et
418 al., 2017a), visual presorting followed by chemical identification of (a subset of) putative plastics
419 (Enders et al., 2015; Leslie et al., 2017; Martin et al., 2017), spectroscopic imaging of whole
420 sample filters using FTIR imaging (Bergmann et al., 2017; Haave et al., 2019; Mintenig et al.,
421 2017; Mintenig et al., 2019; Peeken et al., 2018; Tagg et al., 2015; Vianello et al., 2013),
422 μRaman spectroscopy (Cabernard et al., 2018), and thermoanalytical methods like Pyrolysis gas
423 chromatography coupled to mass spectrometry (Py-GC-MS) (Fischer and Scholz-Böttcher,
424 2017) or thermal extraction-desorption (TED) GC-MS (Dümichen et al., 2017; Dümichen et al.,
425 2019).

426 It has been shown that visual identification alone is insufficient (Kroon et al., 2018; Song et al.,
427 2015) and the same can be said for methods relying on a visual preselection stage from which

428 only a subset are verified by spectroscopic or thermoanalytical methods. When aiming for
429 particle related data, the complementary spectroscopic methods of Raman microscopy and FTIR
430 imaging are the most commonly used (Hanke et al., 2013; Käppler et al., 2016; Silva et al.,
431 2018). Generally, there is a requirement within the research field to establish the usage of
432 polymer characterization methods that omit the need for pre-sorting. If a pre-selection is
433 unavoidable, it should follow certain criteria (Hidalgo-Ruz et al., 2012; Kroon et al., 2018; Norén,
434 2007) or be aided by dyeing with Nile red (Erni-Cassola et al., 2017; Maes et al., 2017a).

435 **Implications**

436 Beyond the harmonization of methods for reliable comparisons of MP data, another important
437 issue in the field of marine environmental MP research is the need for clear identification of
438 pathways, especially entry pathways. Previous research has shown that rivers are to be
439 considered as one of the major sources (Lebreton et al., 2017; Schmidt et al., 2017). Studies
440 focusing on rivers entering into the North Sea report relatively high numbers of MP (Leslie et al.,
441 2017; Mani et al., 2019; Mani et al., 2015). Noteworthy, it has been shown in a recent study by
442 Hurley et al. (2018) that MP from the river beds (approx. 70%) can be resuspended, flushed by
443 flooding events and hence be introduced into the oceans. This implies that MP from riverine
444 surface waters alongside those locked in bed sediments should both be considered as having
445 the potential of entering the North Sea. In this regard, it is even more notable, considering that
446 most of the polymer types reported in these riverine studies would be buoyant in seawater
447 ($\rho \leq 1.025 \text{ g cm}^{-3}$), that the concentrations detected in North Sea surface waters are surprisingly
448 low. One explanation might be the very conservative approach of our study. The other, more
449 significant, factor might be that the hydrodynamics of the North Sea have a generally anti-
450 clockwise circulation in the center and a northeasterly export along the coast (Howarth, 2001;
451 Thiel et al., 2011). This makes it less likely for MP to accumulate in North Sea surface waters.
452 However, this horizontal transport facilitates the distribution of MP in the North Sea along with
453 their chemical load and attached biofilm communities. In this regard it is noteworthy that Kirstein

454 et al. (2016) confirmed the presence of potentially pathogenic bacteria in biofilms from MP
455 collected in North Sea surface waters. Another aspect to acknowledge when considering
456 distribution pathways is the vertical transport of MP. Möhlenkamp et al. (2018) showed that
457 buoyant MP that become incorporated into aggregates can sink and eventually settle into the
458 benthic boundary layer, providing an explanation to the presence of positively buoyant plastics in
459 sublittoral sediments. This evidence was backed by another study by Porter et al. (2018) in
460 which they showed the incorporation of different plastic types (PE, PP, PA, PS, and PVC), of
461 different shapes (fibers, spheres, and fragments), and sizes (7–3000 μm) into marine snow. The
462 incorporation of normally buoyant polymers in organic-rich aggregates increased the sinking
463 velocity of all tested polymer types (Porter et al., 2018). The authors of both studies recorded
464 that in case of a polymer buoyant in seawater, such as PE, as well as with a mixture of plastic
465 microbeads (extracted from facial cleansers), sinking velocities increased to up to 818 and
466 831 m d^{-1} respectively (Möhlenkamp et al., 2018; Porter et al., 2018). This exceeds general
467 sinking velocities of phytoplankton aggregates ($53 \pm 22 \text{ m d}^{-1}$) (Möhlenkamp et al., 2018) and
468 fecal pellets, which range, depending on the composition of the phytoplankton bloom, between
469 70–100 m d^{-1} (Frangoulis et al., 2001).

470 A final consideration on the topic of vertical transport would be that the bioavailability of MP to
471 filter and suspension feeders has been shown to be increased by their incorporation in
472 aggregates (Porter et al., 2018; Ward and Kach, 2009). Recently, Katija et al. (2017) showed
473 that MP are captured by larvaceans and that these can be contained in their fecal pellets or
474 discarded houses, and may thus sink to the seafloor as part of these structures where they are
475 available for benthic organisms.

476 Robust monitoring protocols are needed which should not only focus on large MP ($>500 \mu\text{m}$). In
477 this study we demonstrated that it is not possible to extrapolate conclusions from analyzing MP
478 $>500 \mu\text{m}$ to ascertain data on MP $<500 \mu\text{m}$. For the development of risk management and
479 assessment protocols, and to monitor trends in changes of polymer concentrations and

480 composition, it is of importance that the focus should shift to be on the small or even very small
481 size fraction ($<100\ \mu\text{m}$). In agreement with previous studies (Leslie et al., 2017; Maes et al.,
482 2017b) we found North Sea sediments to be considerably more contaminated than surface
483 waters and that these may act as potential sinks. This clearly supports the statement of Leslie et
484 al. (2017) to track changes in MP pollution in sediments in future monitoring approaches.

485 **Supplementary Data.** Paragraphs, figures and tables describing the sampling, sample
486 processing and analysis in greater detail as well as presenting result for the statistical analysis
487

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- 702

703 **Captions**

704 Figure 1 Geographic distribution of microplastic concentration in the southern North Sea.
705 Microplastic concentration for sediment samples (a) reported in particles per kg and surface
706 water samples (b) reported in particles per m³. Stations where no sample was analyzed are
707 marked with *.

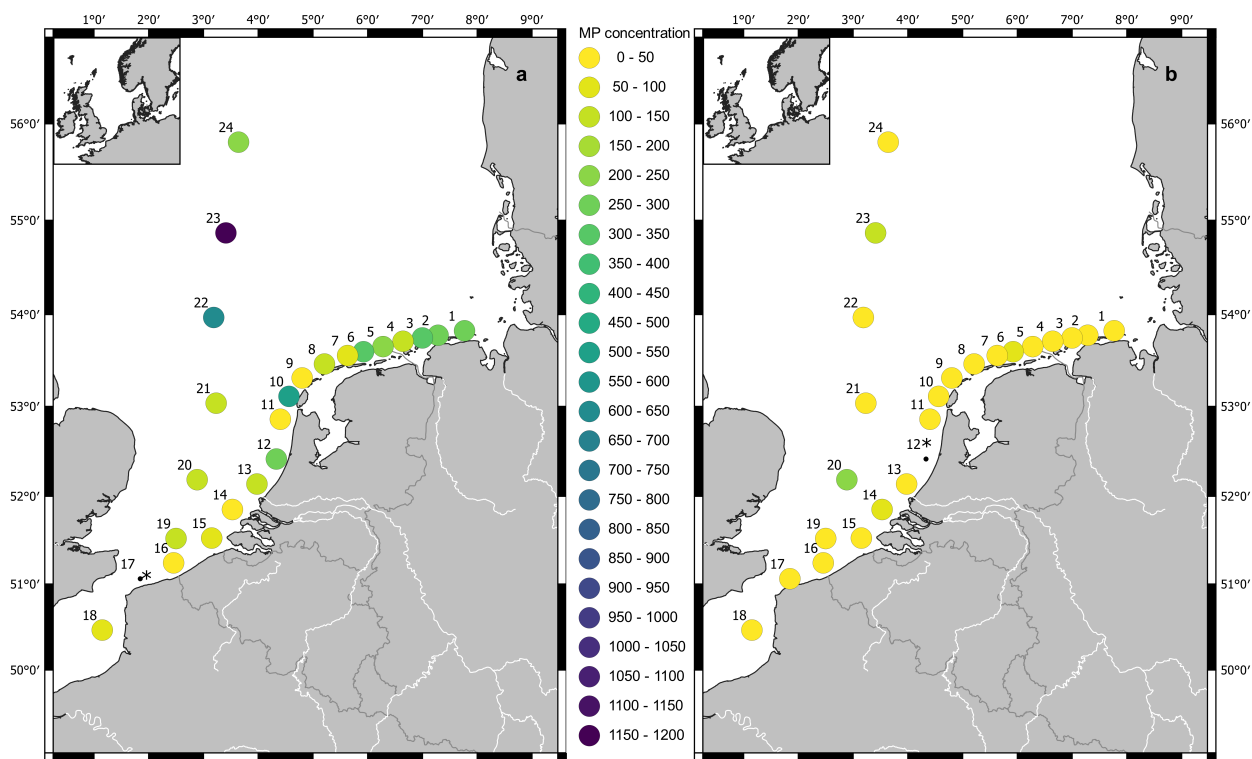
708
709 Figure 2 Spatial distribution of the relative polymer composition for sediment (a) and surface
710 water samples (b). PE: polyethylene, PP: polypropylene, PS: polystyrene, PC: polycarbonate,
711 PA: polyamide, PVC: polyvinyl chloride, CMC: chemically modified cellulose, PEST:
712 polyester/polyethylene terephthalate, PUR: polyurethane, PSU: polysulfone, EVA: ethylene vinyl
713 acetate, POM: polyoxymethylene. Stations where no sample was analyzed are marked with *.

714
715 Figure 3 Mean percentage of each polymer type for sediment (red triangle) and surface water
716 samples (blue square). PE: polyethylene, PP: polypropylene, PS: polystyrene, PC:
717 polycarbonate, PA: polyamide, PVC: polyvinyl chloride, CMC: chemically modified cellulose,
718 PEST: polyester/polyethylene terephthalate, PUR: polyurethane, PSU: polysulfone, EVA:
719 ethylene vinyl acetate, POM: polyoxymethylene. Whiskers show the 95% confidence interval.

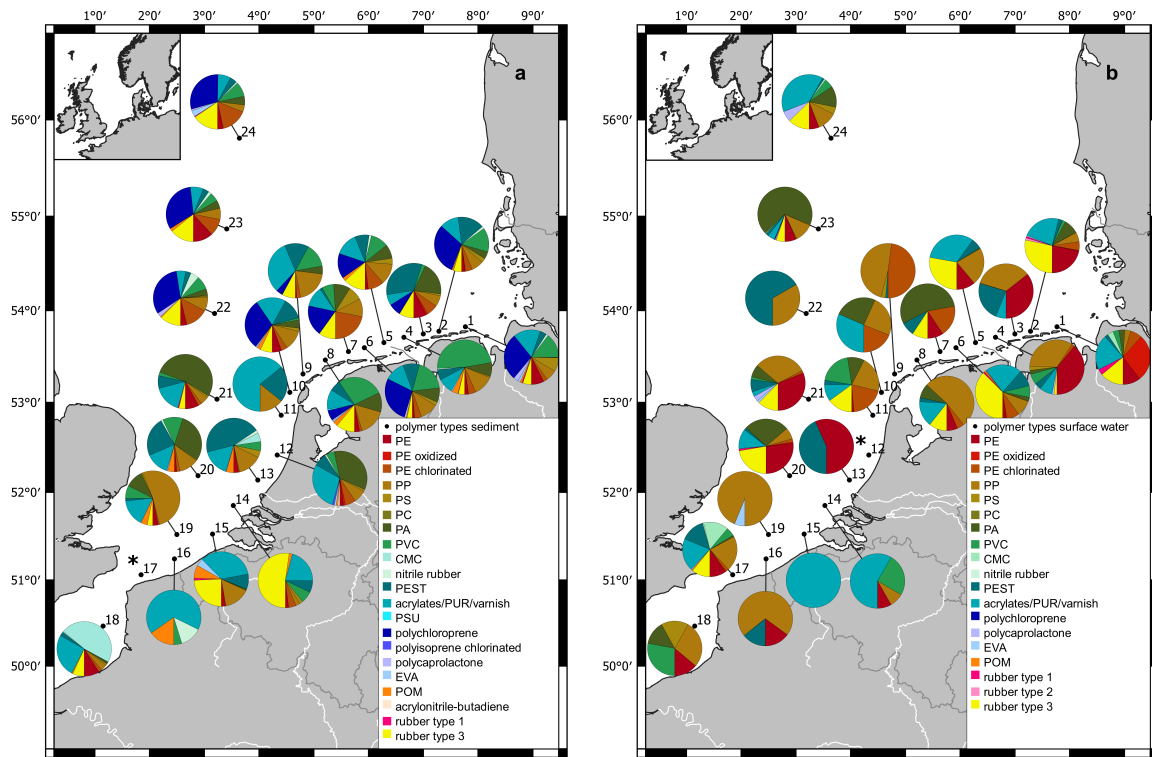
720
721 Figure 4 Mean percentage of each size class in μm for sediment (red triangle) and surface water
722 samples (blue square). Whiskers show the 95% confidence interval.

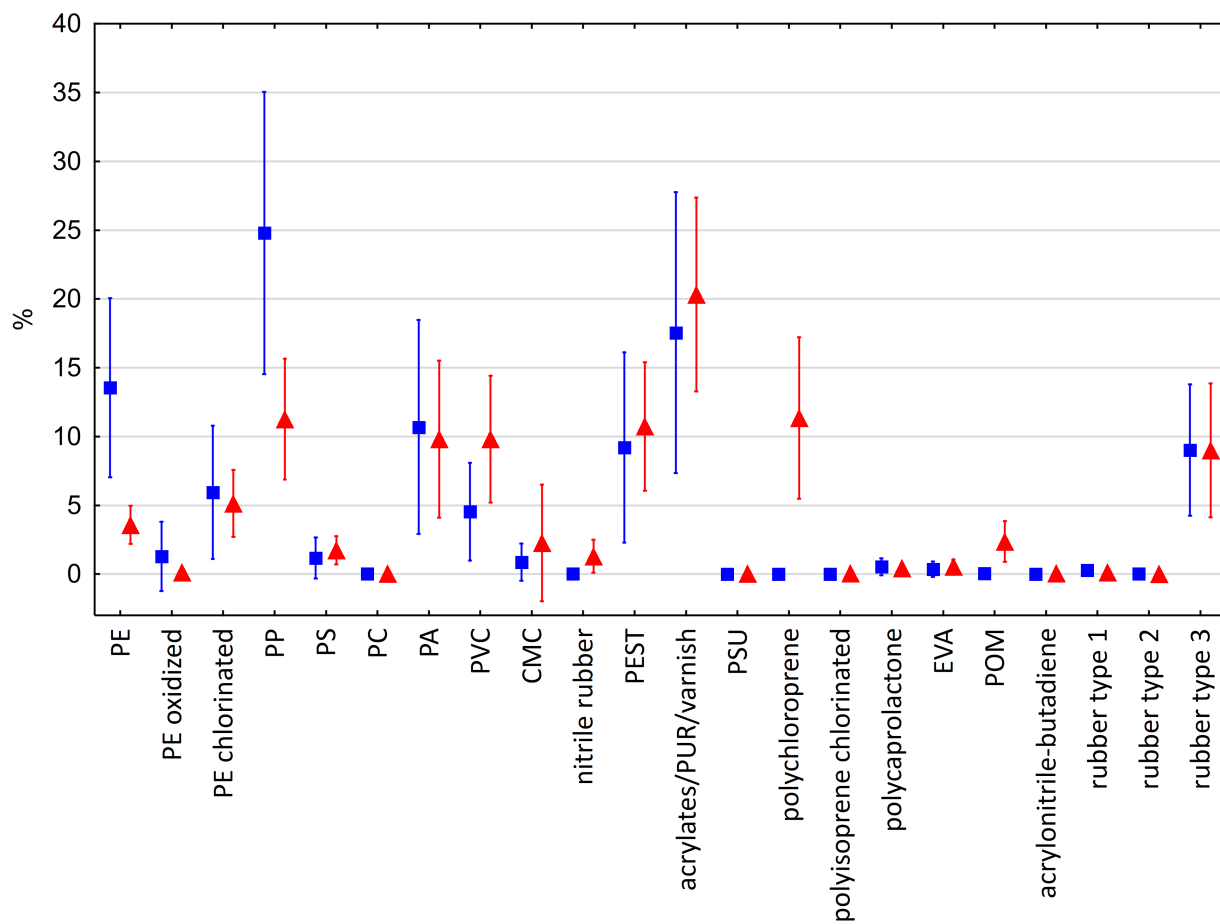
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724 Figure 5 Map of the southern North Sea with the 24 stations of sediment (a) and surface water
725 sampling (b) and their assigned groups (different colors) respectively based on kR-clustering.
726 Stations where no sample was analyzed are marked with *.

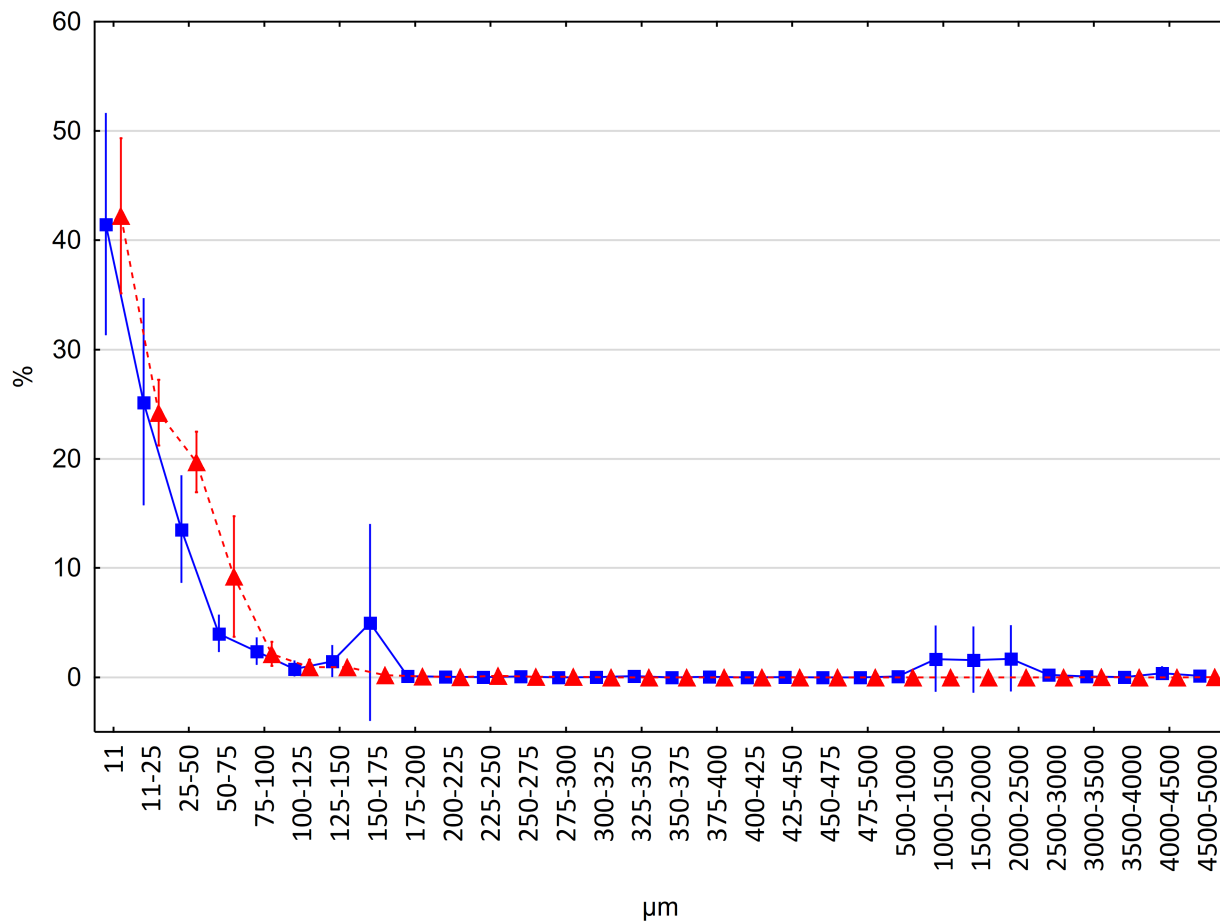
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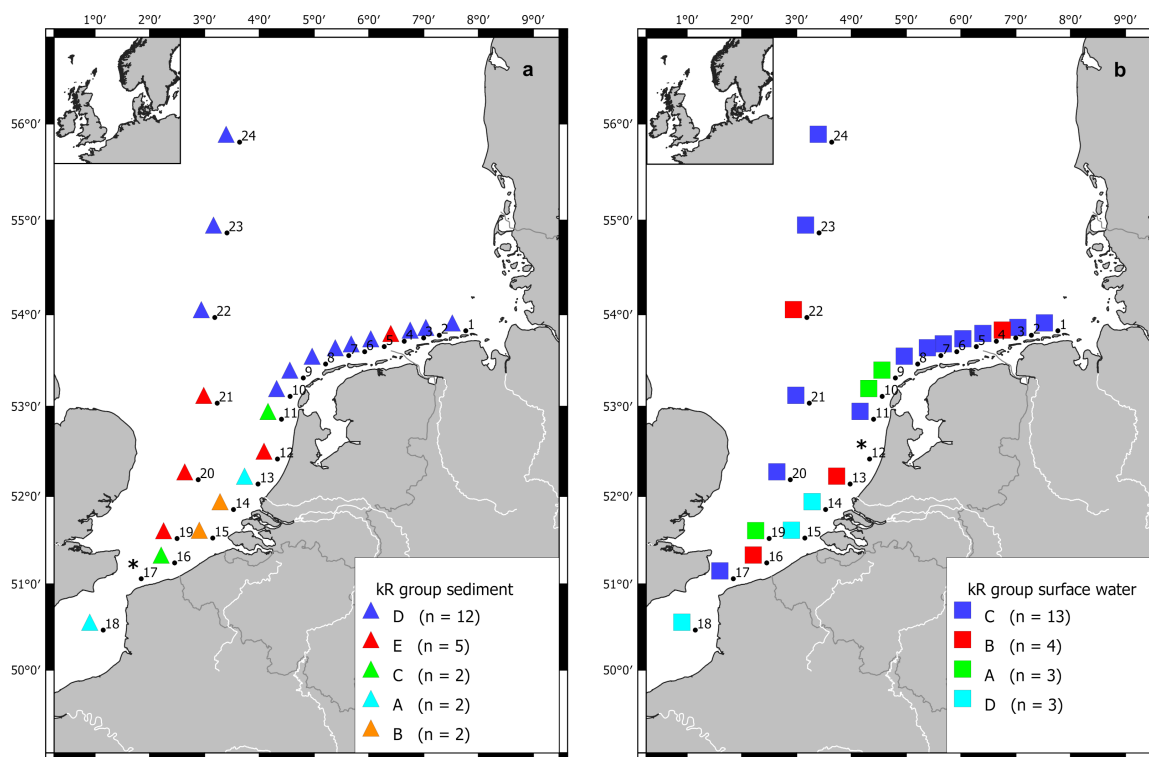


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Highlights

- All 46 analyzed sediment and surface water samples contained microplastics
- Microplastic concentrations were higher in sediment than surface water samples
- Polymer composition differed significantly between surface waters and sediments
- Microplastics <500 μm were more abundant and diverse in polymer type than large ones
- Particles smaller 100 μm dominated clearly in both environmental compartments

Declaration of interests

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests: